

The Conversation

October 2023

Mission:
Father-Con inspires, informs and equips men to be the best they can be for themselves, their families and their communities.

Vision:
Our vision is to see an end of human exploitation, and provide child and community well-being through father presence and responsible engagement.

Books we like



Join The Conversation

The Founder's Conversation Starter

"Nothing you say or do is neutral" writes Dr. Meg Meeker in her book, *Hero: Becoming the Strong Father Your Children Need*. As human beings we are wired to trust there is meaning to this madness we call life. We believe it must be there and we seek to find it both consciously and subconsciously. We read between the lines, hang on every inference like bobbing branches as we dangle over a crocodile infested pond. Meaning matters. And children imitate what they see. In a study at the University of Queensland, scientists "have been finding this odd effect where children will copy everything that they see an adult demonstrate to them, even if there are clear or obvious reasons why those actions would be irrelevant," stated Mark Nielsen. "When I demonstrate the action, it's purposeful. So, from the mind of a child, perhaps there's a reason why I'm doing this," (Nielsen). If we truly get how significant this is, we cannot take our role as parents lightly. At Father-Con we encourage men to come to grips with the fact that it is never too late to rise to the opportunity of being a trustworthy father, and likewise, for a mother to be aware of the unique and vital contribution fathers make to child development, safety, and sense of being worthy of being loved. We also encourage young men to aspire to fatherhood as the relationship that provides a deeper satisfaction than other short-lived measures of success.

Patrick Erlandson – Founder: Father-Con and See it. End it. Film & Arts Festival

Thank you to all who attended the screening of Wake Up a film and panel discussion about human trafficking and the dangers for children in the foster-care system.



Presents

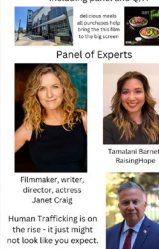
The award-winning film that opens eyes and makes miracles happen

Wake Up



Ticket donation of \$10
www.father-con.org or at eventbrite
<https://FatherConWakeUpFilm.eventbrite.com>

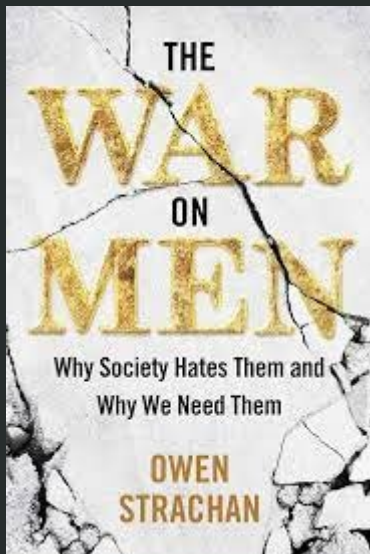
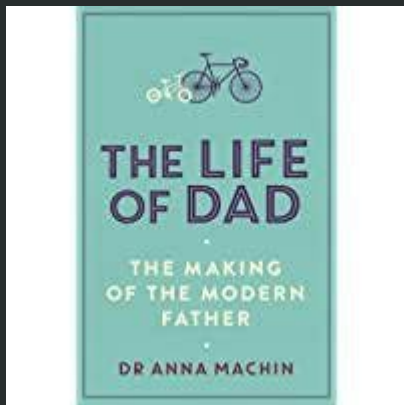
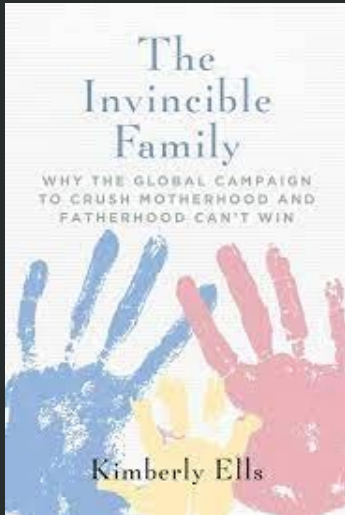
Wednesday October 11th
LOOK Dine-in Cinema
8200 3rd St Downey, 90241
6 - 9 pm
including panel and Q/A



Human Trafficking is on the rise - it just might not look like you expect.
Moses Castillo
Senior Detective



UPCOMING: Father-Con will be at Downey Dia de los Muertos
<https://ddlm.downeytheatre.org/>



What you can do to help:

Volunteer your skills and talents to stand with Father-Con.

We have big plans for 2024 to reach thousands of men and families, young people who will be parents one day, and fathers who need to heal from childhood trauma so they can be thriving husbands and fathers.

Email: info@father-con.org

Consider becoming a team member that supports providing families the change of a lifetime.

Donate or become a sponsor or have your company become a sponsor alongside dozens of others who are impacting lives. Without funding our reach is limited. The need is so great. You can give a mission to a man, give purpose to a father, give new life to a family.



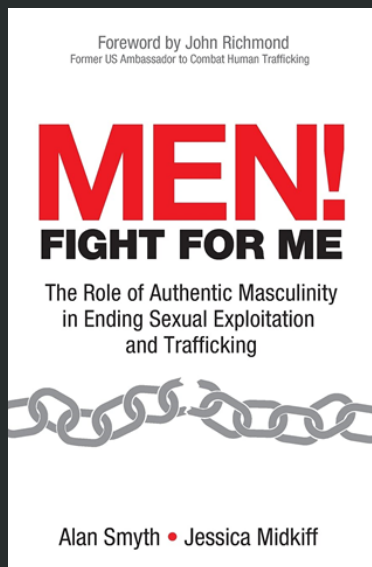
The Conversation contributions

A message on fatherhood and mentoring from **Antonio D. Charity**: Actor/filmmaker and Program Director for The Menformation Project

I had the privilege of being raised by a very loving and supportive father. When I look back over my childhood there is nothing I would change about my relationship with my father. He was a great role model, and he taught me many valuable lessons about life. It is perhaps because of him that I have always made a deliberate effort to mentor boys and young men who need positive role models. While in college I joined the Big Brothers Big Sisters of America. A few years later I moved to New Jersey and joined Big Brothers Big Sisters there. About 30 years later I am still in contact with both of my little brothers.

When I later moved to Los Angeles, I became one of the founding members of a mentoring group for boys called The Menformation Project. I also work closely with my wife in an organization she founded called Kids In The Spotlight, which helps foster youth become actors and filmmakers. And most recently, I started teaching theatre classes to boys at various juvenile detention facilities with another community-based organization in Los Angeles called Theatre of Hearts.

It is because of my father's influence and my concern for mentoring that I was very pleased to meet Patrick Erlandson and to become familiar with the work he does through Father-Con. Father-Con is a much-needed organization that stresses the importance of fathers and the tremendous impact of fathers' involvement in the lives of their children. I have been fortunate to participate in Father-Con events, and I have witnessed and experienced the subsequent inspiration and education that they engender. Anyone who seeks to



Available at:
Fightforme.net



“Heart of the Father” award
recipient Evan Hess of Homeboy
Industries

Pictures of Father-
Con 2023 at

<https://www.father-con.org>

impact their community can do so by mentoring youth who don't have father figures in their lives, by encouraging fathers to be more deliberate about guiding and protecting their children, and by supporting organizations like Father-Con that are already doing that work.

Father-Con invites you to contribute to our monthly publication – submit contributions at info@father-con.org

We are growing and on the rise!!

The need for fathers to be informed, inspired and equipped as 21st Century Fathers could not be greater. We can turn this ship and make waves of change!

From our speakers and sponsors

THE DANGERS OF ILLICIT FENTANYL

WHAT EVERYONE NEEDS TO KNOW

THE LEADING CAUSE OF DEATH FOR AMERICANS AGE 18-45 IS FENTANYL OVERDOSE

Illicit fentanyl, a synthetic opioid, is often pressed into counterfeit pills that are deceptively sold as legitimate prescriptions or mixed with substances like heroin, methamphetamine, cocaine, MDMA, and other street drugs driving addiction issues and fentanyl poisonings in our communities. Just two milligrams of fentanyl, which is equal to 10-15 grains of table salt, is considered a lethal dose.

DRUGS ARE SOLD ON SOCIAL MEDIA

Perpetrators such as drug dealers are using social media platforms as storefronts and money transfer apps to conduct their illegal transactions.

RAINBOW FENTANYL

"Fentanyl pills and powder that come in a variety of bright colors, shapes, and sizes—is a deliberate effort by drug traffickers to drive addiction amongst kids and young adults" -DEA Administrator Anne Milgram

FENTANYL IS 50x – 100x MORE POTENT THAN MORPHINE

WHAT ARE SIGNS OF SOMEONE USING FENTANYL?

Watch for changes in their behavior including:

- Irregular eating or sleeping patterns
- General signs of depression or anxiety
- Unusual irritability
- Lack of interest in activities they once loved
- Low energy

HAVE NARCAN READILY AVAILABLE

NARCAN® Nasal Spray was designed to rapidly reverse the effects of a life-threatening opioid emergency. It is used to revive someone during an overdose from many prescription pain medications or street drugs such as fentanyl and is available as an over-the-counter treatment.

SIGNS OF AN OVERDOSE

- Small, constricted "pinpoint pupils"
- Falling asleep or losing consciousness
- Slow, weak or no breathing
- Choking or gurgling sounds
- Cold and/or clammy skin
- Discolored skin (especially lips & nails)

WHAT TO DO IN THE EVENT OF AN OVERDOSE:

- Administer Narcan
- Call 911-Attempt to keep the person breathing
- Place the person on their side to prevent choking
- Stay with the person until emergency assistance arrives

FENTANYL THE DEADLIEST HIGH.

FOR MORE INFORMATION AND RESOURCES VISIT:

WWW.PROJECTTELL.INFO
PH. (714) 471-8388

From Perla Mendoza of the Project Eli

Join our growing sponsorship community



enclayve Group



ARTISTS FOR CHANGE



More Books we like:

